## PARENT/GUARDIAN CHECKLIST

All parents and guardians are encouraged to read Manitoba Horse Council's Return to Competition document for additional health and safety precautions

Before You Leave Home
$\square$ Have all family members sign and submit all Waivers and Attestations as required by the Competition Organizer or venue management
$\Box$ Complete (and submit, if requested) all checklists provided by the Competition Organizer or venue management
☐ Consider bringing your own food, snacks, and drinks
☐ Bring Personal Protective Equipment (PPE)
☐ Thoroughly wash (in warm water) and sanitize all your personal items and equipment (including electronics, cell phones, water bottles, clothing, bags, lunch containers, tack and stable supplies etc.)
$\square$ Review and understand the COVID-19 mitigation plan circulated by the venue/organizing committee
☐ Review and understand your provincial/local government and health authorities' recommendations
Arrival and During Competition
☐ Sign all daily attestations, as required
☐ Follow all traffic flow signs for the venue
☐ Respect physical distancing guidelines at all times
☐ Comply with PPE requirements
☐ Register your attendance for contact tracing and provide confirmation of daily health monitoring
☐ Sanitize hands frequently at provided handwashing stations
☐ DO NOT share equipment, food, snacks or drinks
$\square$ If accessing water or materials onsite, sanitize hands and wear PPE before touching and then sanitize following contact (this includes water taps, stable doors, gates, handles etc.)
☐ Adhere to posted COVID-19 mitigation requirements of the venue and abide by the information circulated by the venue/organizing committee
After Competition is Complete
☐ No socializing, leave the venue as soon as possible
☐ Exit by following the traffic flow signs
$\square$ Ensure all garbage is discarded in provided receptacles or remove garbage with you
☐ Thoroughly clean your equipment and clothing
☐ If you or one of your family become ill with COVID-19 symptoms (or test positive for COVID-19) within 14 days of the competition notify your local health authority, the Competition Organizer and Manitoba Horse Council immediately